



STUDY PLAN · CLASS 10 AND 12

Board Exam Study Plan and Answer-Writing Guide

An eight-week plan for the run-up to the Class 10 or Class 12 boards, with a daily routine that leaves time for sleep and a short guide to writing answers the way examiners mark them.

CBSE 10

CBSE 12

Study skills

01 The eight weeks

Weeks	Focus	Each day
1-2	Finish any pending chapters; make one summary sheet per chapter	Two new topics, one summary sheet, 30 minutes of revision
3-4	Chapter-wise practice from NCERT exercises, exemplar and previous papers	One chapter's questions, marked against the solutions
5-6	Full sample papers in three hours, exactly like the exam	One paper every other day; spend the next day on your mistakes
7	Weak topics only, found from your marked papers	Re-learn, then re-test the same topic the next day
8	Light revision of summary sheets and formula lists	No new topics; same sleep time as exam days

02 A daily routine that works

Three focused blocks – 90 minutes each, with a 15-minute break between them

Active recall – close the book and write what you remember, then check

Spaced revision – revisit each topic after 1 day, 3 days and 7 days

Sleep – 7-8 hours; memory is consolidated while you sleep

Phones – in another room during study blocks

03 Writing answers that score

Use the reading time – CBSE gives 15 minutes to read the paper; choose your order of attack

Start strong – answer the questions you know first, but keep the section numbering clear

Show steps – in maths and numericals, the method earns marks even if the final answer slips

Units and labels – write units in physics and chemistry; label every diagram

Match the marks – a 1-mark answer is a line; a 5-mark answer needs points, a diagram or an example

Keep 15 minutes – to check calculations and answers you skipped

04 Exam-day checklist

Admit card and school ID

Two blue or black pens, pencil, eraser, sharpener, ruler and geometry box

Transparent water bottle

Reach the centre well before the reporting time

Official papers – CBSE sample papers and marking schemes are on cbseacademic.nic.in; NCERT books are free at ncert.nic.in

How to use this plan

- 1 Stick the eight-week table on your wall and tick each day off.
- 2 Mark every sample paper honestly with the official marking scheme.
- 3 If a week slips, shorten week 7 rather than skipping full papers.

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